Directory of
Senior Citizens’ Councils,
Clubs, Centres, and Organizations

2010 Edition

The Nova Scotia Department of Seniors publishes this directory to promote networking among seniors’ organizations in Nova Scotia and to help seniors find local recreational and community service opportunities of interest to them.

We thank the many senior volunteers from across the province who kindly provided their information to us this year.

Thank you also for your active participation in seniors-related organizations that enrich your community and promote Positive Aging among your fellow seniors.

For more information on programs and services for seniors, contact the Nova Scotia Department of Seniors.

Phone: (902) 424-0065 (HRM)
1-800-670-0065 (Toll-Free)
Fax: (902) 424-0561
E-Mail: seniors@gov.ns.ca
Website: www.gov.ns.ca/seniors
Attention: SENIORS’ CLUBS AND COUNCILS

New members and ideas are vital to maintaining an active organization. Help us help new members find you by updating your contact information each year!

Please send any changes to this information to the President of your local Seniors Council by August 1, 2010 for the Winter 2011 edition. Thank you!

Please check the county/city where you would like to have your club/council listed in this directory:

- Annapolis
- Antigonish & Guysborough
- Cape Breton
- Colchester/East Hants
- Cumberland
- Dartmouth
- Digby
- Halifax City
- Halifax County
- Hants
- Inverness & Victoria
- Kings
- Lunenburg
- Pictou
- Queens
- Richmond
- Shelburne
- Yarmouth

Club/Council: Name:

Mailing Address:

President: Name:

Mailing Address:

Phone:

Secretary: Name:

Phone Number:

Treasurer: Name:

Phone Number:

RETURN TO: The President of your local Seniors’ Council
# TABLE OF CONTENTS

**SENIORS’ COUNCILS AND CLUBS**

- ANnapolis County ................................................................. 3
- Antigonish & Guysborough Counties ........................................ 4
- Cape Breton County .............................................................. 6
- Colchester/East Hants Counties .............................................. 8
- Cumberland County .............................................................. 10
- Dartmouth ........................................................................... 12
- Digby County ................................................................. 13
- Guysborough County ............................................................ 4
- Halifax City ................................................................. 15
- Halifax County ............................................................... 17
- Hants County ................................................................. 20
- Inverness & Victoria 63A Counties ........................................ 21
- Kings County ................................................................. 23
- Lunenburg County .............................................................. 25
- Pictou County ................................................................. 26
- Queens County ................................................................. 28
- Richmond County ............................................................... 29
- Shelburne County ............................................................... 30
- Yarmouth County ............................................................... 31

**PROVINCIAL / NATIONAL / OTHER SENIORS’ ORGANIZATIONS** .......................... 32

**SENIORS’ CENTRES BY REGION** ................................................................. 35

- Metro Region ................................................................. 35
- Cape Breton Region ............................................................ 35
- North Shore Region ............................................................ 36
- Valley Region ................................................................. 36
- South Shore Region ............................................................ 36
- Western Region ................................................................. 36
ANNAPOLIS COUNTY
COUNCIL

Annapolis County Senior Citizens' Council
R.R.# 2- 116 Dugway Road    Murray Covert, President 532-2660
Annapolis Royal, NS    Leona Jeremy, Secretary 825-4501
B0S 1A0    Charles Black, Treasurer 825-4437

CLUBS:

Bear River New Horizons
1877 Clementsvale Road    Lynn Milbury, President 245-2234
P.O. Box 34    Paula Harden, Treasurer
Bear River, NS  B0S 1B0

Good Neighbours Club
June Trimper    Herman Muenzer, President 638-3355
Box 82    June Trimper, Secretary 638-8805
Clementsport, NS  B0S 1E0    John Littlefair, 638-8807

Habitation New Horizons Club - Port Wade
40 Hollow Mountain Road    Herbert Arbeau, President 532-5906
R.R. # 2
Granville Ferry, NS  B0S 1K0

Lawrencetown and Area Seniors Association
Diane Moore    Larry Friedman, Chair
404 Main Street    Diane Moore, Secretary 584-3078
Lawrencetown, NS  B0S 1M0    Ina Freeman, Treasurer

Port Wade New Horizons Club
Angela Hudson    Madelyn McWhinney, President 532-5391
1965 Granville Road    Angela Hudson, Secretary 532-2512
Annapolis Royal, NS  B0S 1K0    Ron Henshaw, Treasurer 532-2450

Springfield Golden Age Club
Don Hudson    Don Hudson, President 547-2496
R.R. # 3    Mona Brewster, Secretary 547-2821
Springfield, NS  B0R 1H0    Alice Montgomery, Treasurer 547-2623
ANTIGONISH & GUYSBOROUGH COUNTIES
COUNCIL

Antigonish-Guysborough Senior Citizens' Council #63
Michael Davidson  Michael Davidson, President 386-2625
R.R. # 1  Kay Cohoon, A/Secretary 366-2805
Afton, NS  Shirley Davidson, Treasurer 386-2625
B0H 1A0

CLUBS:

Bayview Senior Citizens' Club
Boylston, NS  Eugene Smith, President 533-2755
B0H 1G0  Ann Carter, Secretary 747-2809
Dorothy Pelly, Treasurer 533-3772

Club 60 Antigonish
PO Box 1012  John MacEachern, President 870-2468
Antigonish, NS  Janet Graham, Secretary 863-1206
B2G 2S3  Delia McChesney, Treasurer 863-3195

Dover Bay Senior Citizens' Club
Little Dover  Phyllis MacDonald, President 366-2424
Guysborough Co., NS  Ruth Keefe, Secretary 366-2368
B0H 1V0  Beatrice Haines, Treasurer 366-2459

Greenfield Oldsters Club
R.R. # 2  Flo Duffy, President 522-2014
Aspen, NS  Carol Michaud, Secretary 833-2804
B0H 1E0  Jim Michaud, Treasurer 833-2804

Happy Tracadonians
R.R. # 1  Audrey Facey, President 232-2335
Monastery, NS  Ann Wallace, Secretary 232-2330
B0H 1W0  Shirley Davidson, Treasurer 386-2625

Harbourview Senior Citizens' Club N101
Audrey Carpenter  Katharine Fougere, President 234-2639
Havre Boucher, NS  Audrey Carpenter, Secretary 234-2785
B0H 1P0  Mary MacAskill, Treasurer 747-2203
Heather Club 60
Francis Maas, President 386-2923
Marg LeBlanc, Secretary 867-1286
Dinny Van Der Linden, Treasurer 386-2762
Francis Maas
R.R. #1
Heatherton, NS  B0H 1R0

Lochabar Sylvan Lakers
Merle Taylor, President 783-2532
Audrey Hardy, Secretary 783-2329
Ella Stearns, Treasurer 783-2347
Merle Taylor
R.R. # 5
Antigonish Co., NS
B2G 2L3

Saint Mary’s Seniors Club
Bob Kelly, President 522-2314
Lois Kelly, Secretary 522-2314
Joyce Johnston, Treasurer 522-2237
Bob Kelly
P.O. Box 107
Sherbrooke, NS
B0J 3C0

Shamrock Senior Citizens’ Club
Paulin Parker, President 366-2767
Carolyn Quann, Secretary 366-3017
Coleen Bouchie, Treasurer 366-2295
Paulin Parker
Box 42
Canso, NS  B0H 1H0

The Oak & Owl Club
Gerard MacNeil, President 783-2839
Mary MacEachern, Secretary 863-1058
June MacIsaac, Treasurer 863-2322
Gerard MacNeil
R.R. # 1, Saint Andrews
Antigonish Co., NS
B0H 1X0

Lochabar, R.R. # 5
Antigonish Co., NS
B2G 2L3

Saint Mary’s Seniors Club
P.O. Box 107
Sherbrooke, NS
B0J 3C0

Shamrock Senior Citizens’ Club
Paulin Parker
Box 42
Canso, NS  B0H 1H0

The Oak & Owl Club
Gerard MacNeil
R.R. # 1, Saint Andrews
Antigonish Co., NS
B0H 1X0
CAPE BRETON COUNTY
COUNCIL

Cape Breton Council of Senior Citizens and Pensioners
202- 46 Sterling Road
Glace Bay, NS
B1A 3X5
Stephen Andrecyk, President 849-0655
Charlene Wadden, Secretary 849-9516
Margaret MacKinnon, Treasurer 562-6514

CLUBS:

Bras d'Or Senior Citizens' and Pensioners' Club
66 Main Street
Bras d'Or, NS
B1Y 3M3
Joseph Blinkhorn, President 736-6718
Vera McMullin, Secretary 736-6796
Joan Skinner, Treasurer 794-8043

Club 55
70 Prince Street
Sydney, NS
B1P 5J8
Pauline Wadden, President 733-2860
Alex Campbell, Treasurer 539-9311

Dominion Senior Citizens' and Pensioners' Club
1 Union Street
Dominion, NS
B1G 1W6
Nick Corbett, President 849-2310

Fortress Senior Citizens Club
3 Verrier Crescent
Louisbourg, NS
B1C 2K2
Muriel Fogeran, President 733-2944
Cathy Cann, Secretary 733-2888
Frances Ann Kendall, Treasurer 733-2867

FSNA Club
PO Box 785
Sydney Forks, NS
B1L 1A4
Albert MacKinnon, President 562-6541
Barbara MacDonald, Secretary 849-0573
Francis Sampson, Treasurer 562-3606

Gardiner Mines Seniors
6438 Seaside Drive
Gardiner Mines, NS
B1H 5M7
Art MacKenzie, President 849-2642
Betty Stubbert, Secretary 849-7420
Violet MacNeil, Treasurer 849-5033

Glace Bay Senior Citizens' and Pensioners' Club
445 Upper North Street
Glace Bay, NS B1A 5J8
Robert "Bobby" Jackson, President 849-7249
Ivan Ellsworth, Treasurer 842-0659
Harbourside Seniors Club
781 Westmount Road
Sydney, NS
B1R 1B4
Rowe Rudderham, President  564-2029
Freda Ells, Secretary  564-6451
Betty Mombourquette, Treasurer  562-4434

North Sydney Senior Citizens' and Pensioners' Club
Dulcie Best
17 Stanley Street
North Sydney, NS  B2A 1T1
Minnie Piercey, President  794-4093
Dulcie Best, Secretary  794-3183
Elizabeth MacNeil, Treasurer  794-2792

Nova Scotia Government Retired Employees
Bill Sampson
108 Ranna Crescent
Sydney, NS  B1S 3E2
Bill Sampson, President  564-6734
Wayne Fedora, Secretary  562-2139
Jim Bacich, Treasurer  564-1076

Reserve Mines Seniors & Pensioners Club
165 Main Street
Reserve Mines, NS
B1E 1E7
Myrna Dohan, President  849-0267
Carmella MacLeod, Secretary  849-5876
Della MacLeod, Treasurer  849-5833

Scotchtown Seniors Club
Margaret Wolfe
30 Daley Road
New Victoria, NS  B1H 4Z4
Margaret Wolfe, President  862-6851
Sally Durando, Secretary  862-6060
Barbara Burchell, Treasurer  862-8254

Spanish River Seniors' Club
Theresa Dicks
137 Second Street
Sydney, NS  B1L 1C9
Theresa Dicks, President  562-3196
Ann Martell Thomas, Secretary  562-1576
Harriet Warcop, Treasurer  562-1868

Steelworkers and Sydney Pensioners' Club
Bob Crane
30 Inglis Street
Sydney, NS  B1P 6H2
Bob Crane, President  539-0645
Virginia Crane, Secretary  539-0645
Clyde Hoban, Treasurer  539-7795

Sydney Mines Senior Citizens' and Pensioners' Club
Basil Marsh
491 George's River Road
George's River, NS  B1Y 3A6
Basil Marsh, President  794-8856
John Johnson, Treasurer  736-2355

Whitney Pier Senior Citizens' and Pensioners' Club
19 Griffin Street, # 206
Sydney, NS
B1N 3E8
Gladys Powell, President  564-4020
Beth MacQueen, Secretary  562-1758
Kay Antle, Treasurer  539-8807
COLCHESTER/EAST HANTS COUNTY
COUNCIL

Colchester/East Hants Seniors Council
Vince DeAdder  
R.R. #1  
Debert, NS  B0M 1G0  
Vince DeAdder, President 662-2536  
R.R. #1 Vie Lynds, Secretary 895-5532  
Debert, NS  B0M 1G0  
Paul Bolivar, Treasurer 883-2867

CLUBS:

All Around the Circle
R.R. # 2  
Brookfield, NS  
B0N 1C0  
Rev. Frank Locke, President 673-2712  
Edna Graham, Secretary 673-2303  
Arthur Lindsey, Treasurer 673-2892

Elmsdale/Enfield Senior Club
Paul Bolivar  
1 Old Post Road  
Enfield, NS  B2T 1C1  
Paul Bolivar, Pres/Sec/Treas 883-2867

Friendly Neighbours
Susan Taylor  
Box 163  
Debert, NS  B0M 1G0  
Graham Lang, President 662-2983  
Susan Taylor, Secretary 662-3929  
Rebecca Penny, Treasurer 662-2548

Four Points Seniors
Hilda Ray  
R.R. # 1  
Upper Kennetcook, NS  B0N 2L0  
Luella Hennigar, President 261-2506

Good Neighbour’s Retired Citizens Association
Mabel Loughead  
6-30 Blanchard Avenue  
Truro, NS  B2N 4K6  
Mabel Loughead, President 893-9662  
Arlene Oatway, Secretary 662-2476

Hills of Annand Residence Society
Gary Marryatt  
26-170 Blair Avenue  
Tatamagouche, NS  B0K 1V0  
Gary Marryatt, President 657-0324  
Beverly Fostin, Secretary 657-3571  
Ronald Hildebrandt, Treasurer 657-1049

Multicultural Association of Colchester County
Prem Dhir  
79 Roosevelt Avenue  
Truro, NS  B2N 1B7  
Prem Dhir, President 895-9797  
Shanta Dhir, Secretary 893-9797  
Ali Madani, Treasurer
Mount Uniacke Jolly Jumpers (Hants West)
Pearl Williams, President 866-2731
Pearl Williams
P.O. Box 84
Mount Uniacke, NS  B0N 1Z0
Valerie Moore, Secretary 866-2830
Don Hartlen, Treasurer 866-2779

Nine Mile River Seniors
Wendy McCorkill, President 883-9867
Wendy McCorkill
25 Kali Lane, Apt. 203
Elmsdale, NS  B2S 1A1

North Shore Senior Citizens Club
Kay Matattall, President 657-2466
Kay Matattall
26 Lake Road, P.O. Box 103
Tatamagouche, NS  B0K 1V0
Evelyn MacNutt, Secretary 657-2209
Terry Jefferson, Treasurer 657-3264

Rawdon Golden Youth
Bertha Meehan, President 632-2030
Bertha Meehan
R.R. 1
Upper Rawdon, NS  B0N 2N0
Etta Fletcher, Vice-President 632-2765

Rising Tide New Horizons Seniors
Nora Vincent, President
Nora Vincent
4591 Highway 215E
East Noel, NS  B0N 2C0
Glenys Leck, Secretary 369-2951
Betty Chase, Treasurer 369-2039

Willow Bend Seniors Club
Dick Deyarmond, President 639-2723
Dick Deyarmond
1431 Cloverdale Road, R.R. # 2
Stewiacke, NS  B0N 2J0
Sylvia Bigelow, Secretary 671-2409
Burt Justason, Zone Rep. 639-2988

Young at Heart
Vie Lynds, President 895-5532
Vie Lynds
202-350 Robie Street
Truro, NS  B2N 1L3
John Blair, Secretary 896-0295
Myrna Alward, Treasurer 893-3411
**CUMBERLAND COUNTY**

**COUNCIL**

**Cumberland County Senior Citizens’ Council**
Judy Schultz, President 447-2272  
R.R. # 3  Betty Curry, Secretary 548-2682  
Amherst, NS  B4H 3Y1  Gertie Hollis, Treasurer 661-5638

**CLUBS:**

**Amherst 50+ Club**
P.O. Box 937  Marilyn Young, President 667-7366  
Amherst, NS  Linda MacDonald, Secretary 667-7366  
B4H 4E1  Rowena Pipes, Treasurer 661-4200

**Joggins New Horizons Club**
Edith Purdy, Pres/Treas. 251-2307  
Joggins, NS  B0L 1A0

**M.A.R.S. Senior Citizens**
R.R. # 1, Malagash  Ken Tibbetts, President 257-2207  
Cumberland Co., NS  Betty Briggs, Secretary 257-2179  
B0K 1E0  Jean Tibbetts, Treasurer 257-2207

**Oxford Pioneer Heritage Club**
Box 156  Judy Shultz, President 447-2272  
Oxford, NS  Olive Jackson, Secretary 447-2699  
B0M 1P0  Opal Black, Treasurer 447-2499

**Over Sixty Club**
Ruth Logan, President 254-2928  
Box 351  Zenith Rector, Secretary 254-3443  
Parrsboro, NS  B0M 1S0  Frances Parsons, Treasurer 254-2697

**Pugwash Fifty Plus Club**
Doris Dionne, President 243-3377  
Pugwash, NS  Margaret Peers, Secretary 243-2125  
B0K 1L0  Audrey MacPherson, Treasurer 243-2752

**River Hebert Senior Citizens’ Club**
William McAloney, President 251-2102  
River Hebert, NS  B0L 1G0
Springhill Senior Citizens' and Retired Pensioners' Club
June Henwood, President 597-3436
June Henwood
P.O. Box 79
Springhill, NS B0M 1X0
Frances Lockhart, Secretary 597-3948
Verna Clarke, Treasurer 597-2750

Sunrise Senior Citizens' Northport
Pauline Finley, President 661-4140
R.R. # 4
Amherst, NS B4H 3Y2
Marian Haylock, Secretary 661-4261
Gertie Hollis, Treasurer 661-5638

Wallace & Area Sunrise Seniors Association
Mallie Henderson, President 257-2349
R.R. # 171
Wallace, NS B0K 1Y0
Marion Dotten, Secretary 257-2075
John Langille, Treasurer 257-2569

Wentworth Pioneers
Hope Bridgewater, President 548-2086
13192 Highway 4
Wentworth, NS B0M 1Z0
Kathleen McGill, Secretary 548-2518
Robert Smith, Treasurer 548-2328
DARTMOUTH CITY
COUNCIL

Dartmouth Senior Citizens Advisory Council
Disbanded

CLUBS:

Campbell’s Cole Harbour Senior Citizens’ Club
16A Circassion Drive  Agnes Elms, President 435-0106
Dartmouth, NS  Gloria Ritchie, Secretary 435-5230
B2V 5C2  Helen Wamboldt, Treasurer 462-4377

Dartmouth Senior Citizens’ Club (Findlay)
Lucella Langille  Lucella Langille, Pres/Treas 465-2031
7 MacKenzie Street  Shirley Tolhurst, Secretary
Dartmouth, NS  B2W 1B1

Nantucket Place
Betty Ann Baert  Betty Ann Baert, Representative 466-4745
45 Ochterloney Street # 601
Dartmouth, NS  B2Y 4M7

Victoria Road Seniors’ Club
Mary Watson  Mary Watson, President 435-1834
186 Taranaki Drive  Donna Sealey, Secretary 466-2001
Dartmouth, NS  B2W 4X8  Anita Tynes, Treasurer 461-9411

Young At Heart
Pam MacDonald  Pam MacDonald, President 462-0363
Dartmouth North Community Centre  Jean MacNeil, Secretary 435-0726
134 Pinecrest Drive  Helen George, Treasurer 463-4434
Dartmouth, NS  B3A 2J9
DIGBY COUNTY
COUNCIL

Digby County Senior Citizens’ Council
Disbanded

CLUBS:

Clare Senior Citizens’ Club
Louise Turbide
Box 132C, R.R. # 1
Church Point, NS  B0W 1M0
Louise Turbide, President 769-3006
Jack Murphy, Secretary 645-2914
Bernice Twaddle, Treasurer 837-4817

Club D’Age D’Or St. Bernard
Jeannine Boudreau
R.R. # 1, Box 1219
Weymouth, NS  B0W 3T0
Jeannine Boudreau, President 837-4672
Louise LeBlanc, Secretary 837-4366
Bernadette LeBlanc, Treasurer 837-7498

Les Etoiles Sur l'Horizon
Lucille Dugas-Deveau
Box 20, R.R. # 1
Meteghan River, NS  B0W 2L0
Cecile Robicheau, President 645-25919
Lucille Dugas-Deveau, Sec/Treas 769-2360

Les Femmes Acadiennes de Clare
Agnes Thibault
Box 31, Saulnierville
Digby Co., NS  B0W 2Z0
Agnes Thibault, President 769-0719
Priscille d’Entremont, Secretary 645-3033
Bernadette Blinn, Treasurer 769-2258

Les Horizons de Concession
Denis Lombard
2865 Route 340, R.R. # 2
Box 110½ A
Weymouth, NS  B0W 3T0
Denis Lombard, President 837-4879
Imelda Chiasson, Secretary 769-0710
Mariette Byzuski, Treasurer 769-3404

Mavillette Seniors’ Club
Hilda Saulnier
Box 18
Mettegan Centre, NS  B0W 2K0
Lorette Thibodeau, President 645-2466
Hilda Saulnier, Secretary 645-2721
Celina LeBlanc, Treasurer
**Tiverton Super Seniors**
Dianne Outhouse  
P.O. Box 624  
Tiverton, NS  B0V 1G0

Dianne Outhouse, President 839-2244
Dianne Outhouse, Secretary 839-2244
Jack Pyne, Treasurer 839-2599

**Weymouth New Horizons Club**
Kathleen Amirault  
R.R. #2  
Weymouth, NS  B0W 3T0

Maureen Robart, President 837-5491
Kathleen Amirault, Secretary 837-5500
Emily Robichaud, Treasurer 837-4848
GUYSBOROUGH COUNTY

Please refer to the Antigonish & Guysborough Counties section of this directory

HALIFAX CITY
COUNCIL

Halifax Seniors’ Council
5596 Morris Street
Halifax, NS B3J 1C2
Deborah Dostal, Secretary 422-8022

Association of Halifax Regional Senior Councils
22525 Main Street, Box 215
Sheet Harbour, NS B0J 3B0
Inez MacKenzie, Chairperson 885-3055
Pat Murchy, Secretary 435-6888
Rose Brooks, Treasurer 462-1435

CLUBS:

Club Massada
Barbara Alberstat
6258 Payzant Avenue
Halifax, NS B3H 2B1
Barbara Alberstat, President 422-5526
Phil Alberstat, Treasurer 422-5526

The Indo-Canadian Senior Group of Nova Scotia
Dr. Inder Bhatia
A-220-118 Fairfax Drive
Halifax, NS B3S 1JB
Dr. Inder Bhatia, Pres/Treas. 835-2457
Merrie Mills, Secretary 454-7213

Nor-West Seniors’ Club
St. Andrews Community Centre
6955 Bayers Road
Halifax, NS B3L 4S4
Roy L. Joyce, President 454-9826
Elizabeth Michalski, Secretary 443-2453
Pat Peron, Treasurer 455-2897

Northern Lights Seniors’ Club
Francis Christian
2786 Agricola Street
Halifax, NS B3K 4E1
Francis Christian, President 454-9590
Richard Whynot, Sec/Treas 477-4873

Northwood Community Centre
2615 Northwood Terrace
Halifax, NS B3K 3S5
Fred Wigginton, President 454-3678
Pat MacLellan, Secretary 852-4297
Blanche Creighton, Treasurer 454-3351
George Burton Toastmasters Club
Fred Lawson
6258 Payzant Avenue
Halifax, NS  B3H 2B1
Fred Lawson, President 457-3733
Fran Paton, Secretary 443-3008
Terry Lawson, Treasurer 457-3733

Royal Canadian Legion, Fairview # 142
50 Hillcrest Street
Halifax, NS  B3N 2X5
Peter Hanson, President 443-7256
Nancy Whitten, Treasurer 443-7256

Royal Canadian Legion, Vimy Branch # 2
6160 Almon Street
Halifax, NS  B3K 1V1
Darrell Pinaud, President 455-0164
Dave Godsoe, Treasurer

Royal Canadian Legion, White Ensign Branch # 129
5519 Almon Street
Halifax, NS  B3K 1T4
Bernie Joyce, President 452-9369
Barb DeMone, Secretary 484-0100

Royal Seniors Club
Bayers Westwood Family Resource Centre
3499 McAlbine Avenue
Halifax, NS  B3L 3X9
Mohey Achmed,
Contact 454-9444; cell 802-5715

Ward 5 Neighbourhood Centre
Douglas MacDonald
5540 Russell Street
Halifax, NS  B3K 1X2
George Robert, Chair 454-0018
Joan O’Keefe, Secretary 454-0018
Henry DeVries, Treasurer 454-0018

Friendship Club of Senior Citizens
Marion Roberts
59 Rosedale Avenue
Halifax, NS  B3N 2J4
Marion Roberts, 445-3331

Young At Heart Club
Golden Age Social Centre
212 Herring Cove Road
Halifax, NS  B3R 1R1
Edna White, President
Gloria Saulnier, Secretary 477-5038
Joyce Martell, Treasurer 477-2819
HALIFAX COUNTY
COUNCIL

Halifax County Seniors' Council - Zone 15
Jim MacLeod, President 864-1878
Jim MacLeod, President 864-1878
20 Jackladder Drive
Doris Evans, Secretary 462-1477
Lower Sackville, NS  B4E 2X5
Patricia Marsh, Treasurer 827-4647
Halifax County Seniors' Council - Zone 15
Jim MacLeod, President 864-1878
Jim MacLeod, President 864-1878
20 Jackladder Drive
Doris Evans, Secretary 462-1477
Lower Sackville, NS  B4E 2X5
Patricia Marsh, Treasurer 827-4647

Sackville Senior Advisory Council
45 Connolly Road
Jackie Cajolais, Contact  864-5591
Lower Sackville, NS
Lynn Garagan, President 865-1369
B4E 1S6
Bernie Oliver, Secretary 865-9757
Sackville Senior Advisory Council
45 Connolly Road
Jackie Cajolais, Contact  864-5591
Lower Sackville, NS
Lynn Garagan, President 865-1369
B4E 1S6
Bernie Oliver, Secretary 865-9757

CLUBS:

Bedford Leisure Club
Margaret Embree, President 832-1910
Margaret Ashley, President 832-1910
1091 Bedford Hwy. # 301
Margaret Embree, Secretary 832-0772
Bedford, NS  B4A 1B7
Fred Haley, Treasurer 443-5936
Bedford Leisure Club
Margaret Embree, President 832-1910
Margaret Ashley, President 832-1910
1091 Bedford Hwy. # 301
Margaret Embree, Secretary 832-0772
Bedford, NS  B4A 1B7
Fred Haley, Treasurer 443-5936

Campbells Cole Harbour Senior Citizens' Club
Agnes Elms, President 435-0106
Agnes Elms, President 435-0106
321 Poplar Drive
Phyliss Shupe, Secretary
Dartmouth, NS  B2W 4K8
Helen Wambolt, Treasurer
Club Acadien de Chezzetcook
Bev Hugli, President 827-2090
Bev Hugli
6423 Highway # 7
Joyce Fawcett, Treasurer
Head Chezzetcook, NS  B0J 1N0

East Preston Senior Citizens’ Club
1935 Highway # 7
Dolly Williams, President 462-0344
East Preston, NS
Joyce Gough, Secretary 462-1361
B2Z 1E9
Doris Evans, Treasurer 435-1477
East Preston Senior Citizens’ Club
1935 Highway # 7
Dolly Williams, President 462-0344
East Preston, NS
Joyce Gough, Secretary 462-1361
B2Z 1E9
Doris Evans, Treasurer 435-1477

Eastern Shore New Horizons Club
Inez MacKenzie, President 885-3055
Inez MacKenzie
22525 Main Street, Box 215
Lena Lowe, Secretary 885-2922
Sheet Harbour, NS  B0J 3B0
Elsie Spears, Treasurer 885-2112
Eastern Shore New Horizons Club
Inez MacKenzie, President 885-3055
Inez MacKenzie
22525 Main Street, Box 215
Lena Lowe, Secretary 885-2922
Sheet Harbour, NS  B0J 3B0
Elsie Spears, Treasurer 885-2112
Enterprisers 50 Plus Club
R.R. #5
Middle Musquodoboit, NS
B0N 1X0
Ella Rhind, President 384-2010
Mary Cooke, Secretary

Fall River Friendly Group
Nancy MacDonald
6 Metzler Court
Fall River, NS  B2T 1G5
Nancy MacDonald, President 861-3011
Marie Chapman, Secretary 861-3789
Delores McNeil, Treasurer

Harbour Lites Seniors
P.O. Box 375
Musquodoboit Harbour, NS
B0J 2L0
Eleanor Keeping, President
Gail Potter, Secretary 889-3456
Mary Conrad, Treasurer 889-9172

Lake Echo Seniors’ Club
Doreen Matthews
3168D Hwy 7, Box 3, Comp 11
Lake Echo, NS  B3E 1B2
Doreen Matthews, President 829-2394
Denise Timmons, Secretary 829-2144
Gail McLaughlin, Treasurer

Lake Loon-Cherry Brook Senior Citizens’ Group
Alma Johnston
28 Serpentine Avenue
Dartmouth, NS  B2W 3X1
Alma Johnston, President 434-1829
Joyce Riley, Secretary 829-2034
Nola Holloway, Treasurer

Maple Leaf Seniors Club
2234 Rocky Lake Drive
Waverley, NS  B2R 2R4
Arlene Reid, President 860-1733
Pamela Leitch, Secretary 861-3060
Gloria Ward, Treasurer 861-2634

North Preston Seniors Club
Alvina Cain
288 Simmonds Street
North Preston, NS  B2Z 1A4
Alvina Cain, President 433-0457
Hazel Ruck, Secretary
Laura Cain, Treasurer 462-0983

Porter’s Lake Seniors Club
Jan Chenier
Box 75
Porter’s Lake, NS  B3E 1M1
Jan Chenier, President
Kay Bruce, Secretary 827-2065
John Boucher, Treasurer

Sackville - Beaverbank 50+ Club
Marie Chapman
1409 Fall River Road
Fall River, NS  B2T 1J0
John Gannon, President
Karen Myers, Secretary
Marie Chapman, Treasurer 861-3789
<table>
<thead>
<tr>
<th>Club Name</th>
<th>President</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Margaret’s Bay White Caps Seniors Club</td>
<td>Kathy Boutilier</td>
<td>823-2817</td>
</tr>
<tr>
<td>293 Paddy’s Cove Road</td>
<td>Joanne Hubley, Secretary</td>
<td>293 Paddy’s Cove Road</td>
</tr>
<tr>
<td>Indian Harbour, NS B3Z 3N7</td>
<td>Elizabeth McCrae, Treasurer</td>
<td>Indian Harbour, NS B3Z 3N7</td>
</tr>
<tr>
<td>Upper Musquodoboit Fellowship Club</td>
<td>Eric Higgins, President 384-2764</td>
<td>Upper Musquodoboit Fellowship Club</td>
</tr>
<tr>
<td>R.R. # 2</td>
<td>Carol Fraser, Secretary 384-2469</td>
<td>R.R. # 2</td>
</tr>
<tr>
<td>Middle Musquodoboit, NS B0N 1X0</td>
<td>Joyce Higgins, Treasurer 384-2764</td>
<td>Middle Musquodoboit, NS B0N 1X0</td>
</tr>
</tbody>
</table>
Also refer to the Colchester/East Hants County section of this directory

HANTS COUNTY
COUNCIL (Disbanded)

CLUBS:

4 Points Club
Hilda Ray       Louella Hennigar, President 261-2506
R.R. # 1, Upper Kennetcook   Hilda Ray, Sec/Treas 261-2781
Hants Co., NS  B0N 2L0

Bramber Seniors Group
Marguerite Galley       Abard Like, President 633-2553
R.R. # 1, Walton        Marilyn McLellan, Secretary
Hants Co., NS  B0N 2R0  Marguerite Galley, Treasurer 633-2465

---------------------------------------------

Non-Council Member

Gliders Seniors' Club
Anne DeBaie       Anne DeBaie, President 757-0460
78 Thomas Street - Box 777  Edna Musial, Secretary 798-1935
Windsor, NS  B0N 2T0  John Rafuse, Treasurer 798-0188
Club # 798-8528
INVERNESS/VICTORIA 63A COUNTIES
COUNCIL

Inverness/Victoria 63A Council
Don Fitzpatrick, President 248-2202
P.O. Box 130
Margaree Centre, NS  B0E 1Z0
Shirley Hart, Secretary 295-2686
Veronica Halloran, Treasurer 258-2043

CLUBS:

Bayville Seniors’ Club (Whycocomagh)
Ruth MacPhail, President 756-2720
R.R. # 1
Whycocomagh, NS  B0E 3M0
Mary MacAulay, Treasurer

Head of the Bay Seniors’ Club
Murray MacPhee, President 345-2988
General Delivery
West Bay, NS  B0E 3K0
Catherine Skinner, Treasurer 345-2294

Highland Seniors’ Club (Middle River)
Lonnie Dowe, President 295-1114
P.O. Box 505
Baddeck, NS  B0E 1B0
Donald Morrison, Treasurer 295-1013

Kildonan Seniors’ Club
Pauline Campbell, President 787-2343
83 River Denys Road
Judique, NS  B0E 1P0
Jean MacIntyre, Sec/Treas 787-2971

Le Club des Retraites des Cheticamp
P.O. Box 546
15108 Cabot Trail
Cheticamp, NS  B0E 1H0
Simon Joe Bourgeois, President 224-3081
Andre Roache, Secretary 224-2406
Evelyn Noel, Treasurer 224-2532

Mabou Seniors’ Club/Fifty Plus
Francis Oommen, President 945-2108
2152 East Skye Glen Road, R.R. # 2
Whycocomagh, NS  B0E 3M0
Edward MacNeil, Treasurer 945-2493

NaMara Seniors’ Club (Inverness)
Mona Smith, President 258-2468
P.O. Box 925
Inverness, NS  B0E 1N0
Matilda Ingraham, Secretary 258-2781
Veronica Halloran, Treasurer 258-2043
New Horizons Seniors’ Club (East Margaree)
Collette MacDonnell Claudia MacNeil, President 235-2221
1137 East Margaree Road Collette MacDonnell, Secretary 235-2505
East Margaree, NS B0E 2A0 Pauline Berry, Treasurer

Northeast Margaree Seniors’ Club
Joanne Ross Joanne Ross, President 248-2927
R.R. # 1 Cathy Ross, Treasurer 248-2510
Margaree Valley, NS B0E 2C0

Nouveaux Horizons (St. Joseph du Moine)
Doris Levert Leona Doucet, President 224-3172
P.O. Box 72 Doris Levert, Secretary 224-3471
St. Joseph du Moine, NS B0E 3A0 Dora Delaney, Treasurer 224-3033

Southwest Margaree Senior Citizens’ Club
Joan Ingram Jessie MacLennan, President 235-2450
6834 Hwy. # 395, R.R. # 1 Joan Ingram, Secretary 248-2744
South West Margaree, NS B0E 2H0 Jessie Tompkins, Treasurer 248-2562

Strait Area Evergreen Senior Citizens’ Club
Hugh MacEachen Hugh MacEachen, President 625-1269
37 Embree Street Emily MacDonald, Secretary 625-1628
Port Hawkesbury, NS B9A 2S5 Bob Belyea, Treasurer 625-2047
KINGS COUNTY
COUNCIL

Kings County Senior Citizens' Council
Erle Dolsen
P.O. Box 644
Berwick, NS B0P 1E0
Rita Tibert, President 678-1658
Erle Dolsen, Secretary 538-0835
Edna Roach, Treasurer 542-1838

CLUBS:

Berwick Central Kings Crusaders
Roxie Redden
R.R. # 5 - 4211 Brooklyn Street
Berwick, NS B0P 1E0
Roxie Redden, President 538-9918
Lorraine Toole, Secretary 538-3268

Canning Cornwallis New Horizons
Rose Tupper
5388 Scots Bay Rd. - Hwy. 358
Canning R.R. # 3, NS B0P 1H0
Rose Tupper, President 582-7346
Gladys Starrat, Secretary 678-2030

Coldbrook Apple Valley Seniors
Greg Perry
7103 Hwy. # 1
Cold Brook, NS B4R 1C1
Greg Perry, President 678-5398
Jean Prime, Secretary
Ken Parker, Treasurer 678-7155

Gaspereau Gems and Jewels
Eva Morine
21 King Street, # 4
Wolfville, NS B4P 1K4
Eva Morine, President 542-2680
Bernard Harvey, Secretary 678-5664

Kentville New Horizons Club
Helen North
55 Oaudene Avenue
Kentville, NS B4N 2B6
Helen North, President 679-0550
Connie Willden, Secretary
Doris Veinot, Treasurer 678-2653

Kingston Area Seniors Association
Audrey Nichols
P.O. Box 475
Kingston, NS B0P 1R0
Audrey Nichols, President 765-3365
Barbara Hildebrand, Secretary 765-2513
Victor Squires, Treasurer 765-8119

Lockhartville Minas Waves New Horizons
Goldie McDow
91 McKinley Road, R.R. # 1
Falmouth, NS B0P 1L0
Goldie McDow, President 684-9324
Mariana Adlund, Secretary 684-9894
Millville 60 Plus
Eric Pinner
2673 Hwy. # 1
Aylesford, NS  B0P 1C0

New Minas
Nora Russell
129 Campbell Road, # 105
Kentville, NS   B4N 1Y2

Port Williams Seniors’ Club
Don Pringle
Port Williams, NS   B0P 1T0

Wolfville Silver and Gold
Sheila Allen
1504 Melansen Road, R.R. # 3
Wolfville, NS  B4P 2R3
LUNENBURG COUNTY
COUNCIL

Lunenburg County Senior Citizens’ Council
Jack O’Connell, President 275-3359
P.O. Box 114
Chester, NS B0J 1J0
Laverne Naugler, Secretary 543-2840
Robert McNabb, Treasurer 634-8763

CLUBS:

Bluenose Senior Citizens’ Club
Geraldine Hannams, President 634-8227
36 Sawpit Road
Lunenburg, NS B0J 2C0
Betty Holland, Secretary 634-4551
Mona Annis, Treasurer 634-8501

Chester Basin Over 40 Club
Neil Theriault, President 624-8588
& Hiltz Hill Road
Chester Basin, NS B0J 2E0
Mel Bowdridge, Treasurer 275-3677

Golden Age Club
Shirley Keddy, President 279-4464
149 Hwy. # 12
New Ross, NS B0J 2M0
Marie Adams, Sec/Treas. 689-2934

Golden Youth Club
Mona Annis, President 634-8501
P.O. Box 1802
Lunenburg, NS B0J 2C0
Arlene Smeltzer, Secretary 543-1544
Earl Lantz, Treasurer 624-8863

Rosedale New Horizons Club
Franklyn Dauphinee, President 543-5493
261 Mossman Road
West Northfield, NS B4V 5B4
Kathleen Lohnes, Secretary 543-5858
Joyce Schnare, Treasurer 527-2883

Senior Citizens Association of Nova Scotia

Sunny Side Senior Centre
Anthony Wright, President 275-4074
P.O. Box 351
Mahone Bay, NS B0J 2E0
Shirley Morrison, President 275-4074
Anthony Wright, Sec/Treas 624-8098
PICTOU COUNTY
COUNCIL

Pictou County Council of Senior Citizens
Seniors Outreach    Sandra Hubley, President 752-7608
Valley View Villa  Sharon Purvis, Secretary 752-8400
R.R. # 1, Stellarton, NS  B0K 1S0  Betty Jennex, Treasurer 755-5304

CLUBS:

55 + Seniors' Club
Linda Lloyd    Linda Lloyd, President 695-5298
R.R. # 1, New Glasgow Nellie Bruton, Secretary 755-1757
Little Harbour, NS  B2H 5C4  Cecilia Ramsay, Treasurer

Golden Glen Senior Citizens' Club
Ila MacKenzie    Ila MacKenzie, President 752-1346
4911 East River Road, R.R. # 2 Katie Brennan, Secretary 752-3555
New Glasgow, NS  B2H 5L5

Golden Years Club
Dorothy Chisholm    Dorothy Chisholm, President 752-3904
346 Brother Street Loretta Lamey, Secretary 752-1885
New Glasgow, NS  B2H 3S9  Jean Fraser, Treasurer 752-5286

Hillside View #1 Club
Mae Johnston    Mae Johnston, President 752-3998
227 Little Harbour Road, Apt. 34 Margaret Rollings, Secretary 752-0080
New Glasgow, NS  B2H 3S9  Vera Jones, Treasurer 755-6590

New Horizons’ Pictou
Peter Rankin    Peter Rankin, President 485-2573
P.O. Box 2002 Joyce MacLeod, Secretary 485-6803
Pictou, NS B0K 1H0  Earl Simpson, Treasurer 485-9119

Senior Outreach/Help Line
C/o Valley View Villa Mary E. MacLellan, Coordinator 752-8406
R.R. # 1
Stellarton, NS  B0K 1S0

Steeltown Friendly Group
Betty Cooke    Betty Cooke, President 752-7280
Main Street - Union Hall Daisy Brown, Secretary 752-0671
Trenton, NS  B0K 1X1  Lillian Grozen, Treasurer 752-3683
<table>
<thead>
<tr>
<th>Club</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Stellarite Seniors’ Club</td>
<td>Alta Roy, Contact Person 755-1674</td>
</tr>
<tr>
<td>Westville Heritage Group</td>
<td>Nellie Bruton, President 755-1757</td>
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<td>Mary Livingston, Secretary</td>
</tr>
<tr>
<td></td>
<td>Mary Morris, Treasurer 396-4098</td>
</tr>
</tbody>
</table>

Stellarite Seniors’ Club

Westville Heritage Group

Nellie Bruton

20 Powell Road, R.R. # 1

New Glasgow, NS  B0K 1S0

Mary Livingston, Secretary

Mary Morris, Treasurer 396-4098
QUEENS COUNTY

No Seniors Council
30 Belmont Drive
Bridgewater, NS  B4V 4E5
Geraldine Ramey, Contact Person 543-6903

CLUBS:

Jolly Ponoquers Senior Citizens' Club
Walter Freeman
Greenfield, NS
B0T 1E0
Walter Freeman, President
Freda Theakston, Secretary 685-3060
Bill Getson, Treasurer 685-2593

Liverpool Keenagers
Box 1033
Liverpool, NS  B0T 1K0
Enid MacKay, Contact Person 354-4104
Gordon Pevrill, Secretary 354-5062

Queens Club 60 Plus
Merna Ellis
R.R. # 2, Caledonia
Queens Co., NS  B0T 1B0
Shirley Smith, President, 682-2950
Merna Ellis, Sec/Treas

Seaside Seniors
Mabel Shediac
R.R. #1
Brooklyn, NS  B0J 1H0
Mabel Shediac, President
Alice Sarty, Secretary 354-5864
RICHMOND COUNTY
COUNCIL

Richmond County Senior Citizens‘ Council
Frank Sutherland
Box 347 - 10909 Hway. # 4
St. Peter’s, NS  B0E 3A0
Frank Sutherland, President 535-2586
Elizabeth MacNeil, Secretary 828-2078
Christy MacKenzie, Treasurer 587-2482

CLUBS:

Bonnie Brae Senior Citizens‘ Club
St. Peter’s, NS
B0E 3B0
Frank Sutherland, President 535-2586
Dolena Sutherland, Secretary 535-2586
Wilma Martell, Treasurer

Bras D’Or Lakers Seniors Club
Elizabeth MacNeil
131 Lakeshore Drive
Irish Cove, NS   B1J 2C2
Carole M. MacNeil, President 828-2326
Elizabeth MacNeil, Secretary 561-2078
Joyce MacMullin, Treasurer 535-2552

Grand River Senior Club
Joanne McCormack
202 E. Side Grand River Road
Grand River, NS   B0E 1M0
Joanne McCormack, President 587-2143
Rhodena MacLeod, Secretary 587-2662
Christy MacKenzie, Treasurer 587-2482

Isle Madame New Horizons
Senior Club
Arichat, NS
B0E 1A0
Alister Jollymore, President 226-0554
Gloria LeBlanc, Secretary 226-3075
Jeanette Roberts, Treasurer

Louisdale Fleur des les Seniors
Louisdale, NS
B0E 1V0
Mary Cornell, Secretary 345-2025
Sylvia Hopkins, Treasurer 345-2706

L’Ardoise Jolly Seniors‘ Club
Rene Samson
L’Ardoise, NS
B0E 1S0
Rene Samson, President
Mary Lou Bedford, Secretary 587-2617
Virginia Getz, Treasurer 587-2814

River Bourgeois 50+ Seniors
Anne Sampson
R.R. # 1, River Bourgeois
Richmond Co., NS  B0E 2X0
Anne Sampson, President 535-2803
Sharon Chilvers, Secretary 535-2514
Mary Ellen Penticost, Treasurer 535-2462
SHELBURNE COUNTY
COUNCIL

Shelburne Senior Citizens’ Council
Evelyn Crowell, Zone Rep.                      Don Smith, President 745-1402
Site 2, Box 1, Comp 2                      Ray Crooks, Secretary 637-3240
Baccaro, NS  B0W 1C0                      Mary Whitway, Treasurer 875-2852

CLUBS:

Cape Sable Island New Horizons Club
Don Smith                                      Don Smith, President 745-1402
Clark’s Harbour, NS                           Marlene Atkinson, Secretary 745-2694
B0W 1P0                                        Marjorie Ross, Treasurer 745-2560

Green Hill Senior Citizens’ Club
Sheila Perry                                      Marjorie Weeks, President 637-2525
P.O. Box 6                                        Sheila Perry, Secretary 768-2515
Upper Port La Tour, NS B0W 3N0                  Margaret McDonald, Treasurer 768-2970

Port Saxon Leisure Hour Club
Norma McGray                                   Ray Crooks, President 637-3240
Clyde River                                    Norma McGray, Secretary 637-2820
Shelburne, NS  B0W 1R0                         Vivian Smith, Treasurer 637-2766

Loyalist Seniors Club
Don Whitway                                     Don Whitway, President 875-2852
Box 192                                          Nancy Atkins, Secretary 875-3817
Shelburne, NS  B0W 1W0                         Rebecca Turner, Treasurer 875-1446
YARMOUTH COUNTY
COUNCIL

Yarmouth County Senior Citizens' Council
Eileen Pothier, President 663-4700
P.O. Box 227
Wedgeport, NS B0W 3P0
Cassie Amirault, Treasurer 762-2430

CLUBS:

Brooklyn Bright Lights
Helen Goodwin, Eloise Forbes, President 742-8446
15 Chestnut Street, Helen Goodwin, Secretary 742-3246
Yarmouth, NS B5A 2N5, Don Burns, Treasurer 742-3993

East Pubnico New Horizons Club
Jeanne d'Entremont, President 762-2764
R.R. # 1, Lower East Pubnico, Celeste Amiro, Secretary 762-2660
Yarmouth Co., NS B0W 2A0, Phyllis Belliveau, Treasurer 762-2805

Happy Seniors of Pinkney's Point
Viola Saulnier, President 742-3806
R.R. # 1, Box 1711, Gertrude Deviller, Sec/Treas 742-5895
Arcadia, NS B0W 1B0

High Hopes Senior Citizens
Box 7253
R.R. # 4, Louise Seeley, President 742-2580
Yarmouth, NS B5A 4A5, Marina Tokai, Secretary 742-4733

Le Club des Acadiens Wedgeport
Phyliss Cottreau, Heiner Mangels, President 663-2780
Lower Wedgeport, NS B0W 2B0, Claire Pothier, Sec/Treas. 663-4371

Nouveaux Horizons de la Baronie
Celina LeBlanc, President 762-2012
Box 51
Middle West Pubnico, NS B0W 2M0, Marina d'Entremont, Secretary 762-2452

Quinan New Horizons Club
Nettie Doucette, President 648-2888
R.R. # 3 - Box 120, Marilyn Muise, Secretary 762-2471
Tusket, NS B0W 3M0, Adeline Doucette, Treasurer 648-2233
Ste. Anne du Ruisseau New Horizons
Tusket, NS  
B0W 3M0  
Pauline Bourque, President 648-2467  
Phyliss Houston, Secretary 761-2178  
Doug Nickerson, Treasurer 742-4790
PROVINCIAL / NATIONAL / OTHER ORGANIZATIONS

NS SENIORS GROUP OF IX

Chair Group of IX
Nova Scotia Government Retired
Employees Association
Bernie LaRusic, President
21 Grandview Street
Sydney, NS    B1P 3N4
tel/fax: 562-1901
cell: 561-6500
E-mail: bernielarusic_392@hotmail.com

Vice-Chair Group of IX
Gerontology Association of NS
Paige Moorhouse, President
Suite 1421 Veteran’s Memorial Building
5955 Veteran’s Memorial Lane
Halifax, NS    B3H 2E1
tel: 473-8687
fax: 473-1050
E-mail: paige.moorhouse@cdha.nshealth.ca

Secretary of Group of IX
Nova Scotia Retired Teachers
Organization
Phyllis Cote, President
1681 Riverside Road
West Bay Road, NS    B0E 3L0
tel: 625-2306
fax: 227-7513
E-mail: bill@MRCassociates.ca

Canada’s Association for the Fifty-Plus (CARP)
Bill VanGorder, President
5545 Stanley Place
Halifax, NS    B3K 2C8
455-2945
fax: 455-0624
E-mail: sentinel@ns.sympatico.ca

Federal Superannuates National Assoc.
Ross Osborne
Provincial Advocacy Officer
37-Lorne Avenue
Dartmouth, NS    B2Y 3E9
469-7421
E-mail: manorhill1@ns.sympatico.ca

Federation of Senior Citizens and Pensioners
Mary Fleck, President
8343 Cabot Trail
Margaree Forks, NS    B0E 2A0
248-2838
E-mail: maryteapot@hotmail.com

Royal Canadian Legion, Nova Scotia/Nunavut Command
Jack Hatcher, Chairman
Veterans Services & Seniors Committee
Royal Canadian Legion
Nova Scotia Nunavut/Command
634 Old Sackville Road
Lr. Sackville, NS    B4C 2K3
865-3483
jandchatcher@ns.sympatico.ca

Regroupement des Aînées et Aînés de la Nouvelle-Écosse
Charles Gaudet, President
19 Sidhu Drive
Beaverbank, NS    B4G 1B8
864-1324
E-mail: charlesgaudet@ns.sympatico.ca
Canadian Pensioners Concerned, 
represented by Community Links
Contact: Barbara Carthew, President
120 Beech Hill Road, R.R. # 1
Rose Bay, NS  B0J 2X0
tel: 766-0334 h. 521-3470 c. 543-4226
E-mail: haggis@foggycove.ca or
carthew@mariner.ns.ca

NATIONAL SENIORS’
ORGANIZATIONS
Congress of National Seniors
Organizations

The Congress consists of 11 major organizations representing seniors across Canada. It meets regularly to promote dialogue between seniors groups and governments on aging issues. The Congress has an ongoing working partnership with Health Canada’s Division of Aging and Seniors and has met with the Minister and Deputy Minister of Health about seniors’ issues. Congress members include:
• Alliance des associations de retraités et d’aînés du Québec
• Fédération des aînées et aînés francophones du Canada
• Association québécoise de défense des droits des personnes retraitées et préretraitées
• Canadian Association of Retired Teachers
• Canadian Association on Gerontology
• Canadian Pensioners Concerned
• Congress of Union Retirees
• Federal Superannuates National Association
• Health Secretariat Assembly of First Nations
• National Pensioners and Senior Citizens Federation
• Active Living Coalition for Older Adults

For more information, contact:
Francis Bowkett, President
Congress of National Seniors’ Organizations
c/o Federal Superannuates National Association
1052 St. Laurent Blvd.
Ottawa, ON  K1K 3B4
Phone: (613) 745-2559
E-mail: bowkettf@fsna.com
OTHER SENIORS’ & RELATED ORGANIZATIONS

Community Links
Sandra Murphy, Provincial Coordinator
P.O. Box 29103
Halifax, NS  B3L 4T8
454-1128
E-mail: communitylinks@hfx.eastlink.ca
Website: www.nscommunitylinks.ca

Northwood Residents’ Council
Linda Verlinden, Contact
2615 Northwood Terrace, Room 501
Halifax, NS  B3K 3S5
454-3018

Regroupement des Aîné et Aînés de la Nouvelle-Écosse
Erina Termine
54 Queen Street
Dartmouth, NS  B2Y 1G3
433-0860

Public Health Agency of Canada
Atlantic Region
Maritime Centre
1505 Barrington Street, Suite 1525
Halifax, NS  B3J 3Y6
426-2700
Website: www.pph-atlantic.ca

Chebucto Links
Valerie Connors, Coordinator
2080 Windsor Street
Halifax, NS  B3K 5B2
422-3525
fax: 422-9611
E-mail: chebucto.links@ns.sympatico.ca
website: www.chebuctolinks.ca

Caregivers Nova Scotia
Sharon Reashore, Executive Director
7001 Mumford Rd, Tower 1, Suite 105
Halifax, NS  B3L 4N9
421-7390 / 1-877-488-7390
fax: 421-7338
E-mail: support@caregiversns.org
website: www.caregiversns.org

Department of Seniors
Valerie White, CEO
1740 Granville Street, 4th Floor
P.O. Box 2065
Halifax, NS  B3J 2Z1
424-4737 / 1-800-670-0065
fax: 424-0561
E-mail: seniors@gov.ns.ca
website: www.gov.ns.ca/seniors

Nova Scotia Centre on Aging
Dr. Janice Keefe, Director
Mount Saint Vincent University
166 Bedford Highway
Halifax, NS  B3M 2J6
457-6546
fax: 457-6455
website: www.msvu.ca/nsca
SENIORS’ CENTRES

Metro Region

Spencer House
5596-Morris St.
Halifax, NS  B3J 1C2
421-6131
E-mail: contactus@spencerhouse.ca
Staff: Deborah Dostal

Northwood Community Centre
2615 Northwood Terrace
Halifax, NS  B3K 3S5
454-3351
President: Fred Wigginton

Bloomfield Centre
2786 Agricola St.
Halifax, NS  B3K 4E1
490-4629

Rockingham Community Centre
199 Bedford Hwy.
Halifax, NS  B3M 2J9
490-4686
Staff: Corey Robinson

Dartmouth Seniors’ Service Centre
45 Ochterloney St.
Dartmouth, NS  B2Y 4M7
465-5578
fax: 465-2755
Director: Wayne MacDonald

Silver and Gold Seniors’ Centre
45 Connolly Road
Lower Sackville, NS  B4E 1S6
864-5591
Staff: Jackie Cajolais

Cape Breton Region

Louisburg Fortress Club
2290 Main-à-dieu Road
Main-à-dieu, NS  B1C 1W6
Phone: 733-2944
President: Muriel Forgeron

Steelworkers and Sydney Pensioners Club
30 Inglis Street
Sydney, NS  B1P 6H2
539-8000

North Shore Region

Valley View Villa - Seniors Outreach
R.R. #1
Stellarton, NS  B0K 1S0
752-8400
E-mail: seniors.outreach@ns.sympatico.ca
Staff: Sharon Purvis

Club 60
P.O. Box 1012,
Antigonish, NS  B2G 2L3
863-3649
Contact: Delia McChesney

Pictou County New Horizons Seniors’ Centre
14 Kempt Street
P.O. Box 141
Pictou, NS  B0K 1H0
485-2573 (centre)
President: Peter Rankin

Greenfield Oldsters
R.R. # 2
Aspen, NS  B0H 1E0
522-2014
Volunteer: Flo Duffy
Valley Region

L.A.M.P.
P.O. Box 427,
Windsor, NS  B0N 2T0
798-4913
Volunteer: Vivian MacMillan

Berwick and Area
Senior Citizens’ Centre
210 Commercial Street
Berwick, NS  B0P 1E0
538-7246

Kingston & Area Seniors’ Association
Kingston Lions Club
Kingston, NS  B0P 1R0
Phone: 765-3292
President: Minnie Rogers

South Shore Region
Bridgewater Senior Citizens’ Club
96 North Street
Bridgewater, NS  B4V 2V6
543-2213
Volunteer: Edna Weldon

Sunnyside Senior Centre
1151 # 12 Hway.  
R.R. #3
Chester Basin, NS  B0J 1K0
275-4074
Volunteer: Shirley Morrison

Loyalist Senior Club
P.O. Box 192
Shelburne, NS  B0W 1W0
875-2852
Volunteer: Don Whiteway

Western Region

Bear River New Horizons Centre
Bear River, NS  B0S 1B0
245-2234
Volunteer: Lynn Milbury

Tiverton Super Seniors
Tiverton
Long Island, NS  B0V 1G0
839-2244
Volunteer: Diane Outhouse

Freeport Super Seniors
Freeport
Digby Co., NS  B0V 1B0
839-2320
Volunteer: Anna Young

Westport Super Seniors
Westport
Digby Co., NS  B0V 1H0
839-2052
Volunteer: Connie Bisson

Les Femmes Acadienne de Clare
P.O. Box 31
Saulnierville, NS  B0W 2Z0
769-0719
Volunteer: Agnes Thibault

Yarmouth Golden Age Club
14 Second Street
Yarmouth, NS  B5A 3C4
742-5354
Volunteer: Corrine LeBlanc

Nouveaux Horizons de la Baronnie
Box 98
Middle West Pubnico, NS  B0W 2M0
762-2012
Volunteer: Celina LeBlanc