

## DEPARTMENT OF SENIORS – POSITIVE AGING FUND GRANT 2014/2015

<b>Primary Applicant / Group Name</b>	<b>Location (area covered)</b>	<b>Project Description</b>	<b>Amt. Funded</b>
<b>Adult Learning Association of Cape Breton County</b>	Sydney	Healthy living workshops led by facilitator and/or guest speaker. Discussion sessions, reading and vocabulary work with health brochures, response writing, and at home internet research.	\$2,658.00
<b>Annapolis Region Community Arts Council (ARCAC)</b>	Annapolis	Project to raise public awareness of the strong role seniors play in the arts by promoting seniors as “artists in residence”. Local senior artists will conduct free workshops for all ages in art, music, literacy, drama and dance.	\$10,000.00
<b>Antigonish County Adult Learning Association</b>	Antigonish	Food For Thought project will enable 10 seniors, who are accomplished cooks, to assume leadership/mentorship roles in the community. University will provide mentors with nutrition expertise.	\$10,000.00
<b>Barrington Municipal Agriculture Exhibition Association</b>	Municipality of Barrington	Project includes guest speakers from VON, DWH to discuss vision changes, falls prevention, etc. Will assemble crochet kits for seniors with instructions for first time quilters. Bingo, Sing-A-long Kitchen parties, exercise class..	\$6,063.00
<b>Bicycle Nova Scotia</b>	Province wide	Project to involve senior women in bicycle safety, bicycle maintenance and organize community rides. Culminate in inclusion at the Women on Wheels events in Fall 2015.	\$6,500.00
<b>Breton Ability Centre Society</b>	CBRM	“Seniors Support Centre” project includes music program, card games, bingo and social opportunities. As well, medically related procedures will be delivered in an examination room.	\$10,000.00
<b>Bridgewater Development Association</b>	Town of Bridgewater, Lunenburg Co.	Textile workshops aimed at seniors, but will include young and old to try ancient and modern textile activities, like tapestry weaving, garment painting, needle and felting.	\$2,793.00
<b>Business Improvement and Development Association: Northside</b>	North Sydney, Bras d'Or	“Golden Lotus” program will offer a six week introductory gentle yoga session for seniors.	\$7,630.00
<b>Caregivers Nova Scotia</b>	Cumberland County	Project to survey older caregivers on how to improve access o and increase participation rates of existing services. Once themes are established, a caregiver retreat will be planned that will respond to identified themes.	\$7,650.00
<b>Chester Municipality Heritage Society</b>	Municipality of Chester	Seniors who participated in the oral history project from last year will learn to edit videos to put on You Tube.	\$5,754.00

<b>Christmas Island Volunteer Fire Department</b>	Boisdale, Beaver Cove, Christmas Island, etc.	Intergenerational program to promote lifelong learning. Seniors and youth will develop new skills and share information via a group meeting, social event or cultural activity.	\$4,200.00
<b>Clean Annapolis River Project Society</b>	Annapolis River watershed	"Education to Action" will provide continued education on topics relevant to local environmental issues. Also snowshoeing, hiking and walking. As well host community environmental monitoring events.	\$10,000.00
<b>Community Learning Association North of Smokey</b>	North of Smokey	Project will provide seniors with a series of workshops aimed at improving their health, safety and well-being.	\$3,104.00
<b>Community Links &amp; Fountain of Health Initiative</b>	NS	"No Health Without Mental Healthy" project. Will hire a coordinator, develop an evaluation framework and tool. Develop a physician's guide to seniors mental health. Recruit 8-10 family physicians to take part and use the new material with up to 10 patients. Seek feedback from physicians and patients. Evaluate and share.	\$10,000.00
<b>Conseil des Arts de Chéticamp</b>	Cheticamp	Project to pair seniors and young artists to share knowledge and methods in the arts. Young people will learn new songs, dances while seniors will feel valued. Create video, coordinate interviews for radio, etc.	\$10,000.00
<b>East Hants Community Learning Association</b>	East Hants	Learning old crafts with seniors and youth, computer basics training program and outings for seniors.	\$9,000.00
<b>East Preston United Baptist Church</b>	East Preston	Computer technology project. Teaching seniors to use computers and stay connected, learn, etc.	\$8,234.00
<b>Eastern Counties Regional Library</b>	Canso and Sherbrooke	"Seniors Cultural Co-Operative" project provides seniors with the opportunity to develop skills to engage in creation of artistic, craft and cultural works. Will then share with the community and an opportunity to sell their works at the library or online.	\$10,000.00
<b>Eastern Shore &amp; Musquodoboit Valley Literacy</b>	Middle Musquodoboit, area	Workshops bringing seniors and youth together. Includes chair yoga, speakers, art projects, card games, senior safety and healthy living information.	\$7,735.00
<b>Ecology Action Centre</b>	West End Halifax, Cheticamp	The "Growing Seniors' Accessibility" Project will work to make it easier for seniors to access quality food and growing spaces. Funding would go toward creating a position for Seniors Food and Garden coordinator in each location. Each location would have 6 workshops and 6 work days at each garden.	\$10,000.00
<b>Every Woman's Centre Association</b>	CBRM	Project to engage seniors and ensure they have access to information, services, programs and learn how to navigate the system. Leisure program, lunch sessions, blood pressure	\$5,000.00

		clinics, foot care, Christmas dinner, and bus tours.	
<b>Fundy YMCA</b>	Annapolis and Digby	Physical and social activities for seniors including classes, group discussions, lectures on health and well-being. In addition to classes, seniors will have use of pool, walking track and yoga studio.	\$6,320.00
<b>Guysborough County Adult Learning</b>	Municipality of Guysborough	Workshop series that will increase seniors' awareness of financial security and provide opportunities to improve their standard of living.	\$9,900.00
<b>Heritage Association of Antigonish</b>	Antigonish	"Walking Our History: A Living Museum" project. First phase of a three phase project with a focus on seniors. Learning about the founding of Antigonish through walking tours.	\$10,000.00
<b>HRDA Entreprises Limited</b>	Dean and Dutch Settlement	Encourage seniors in the area to participate in games afternoons. Includes Scrabble, Yahtzee and cribbage. Will encourage seniors to become more active socially and mentally.	\$4,489.00
<b>Inverness County Literacy Council</b>	Inverness County	Project to provide health and safety information to older adults by providing workshops on specific topics	\$5,972.00
<b>Island Community Justice Society</b>	Cape Breton Island	Project will bring together service providers and community members to build a Restorative Approach Learning Network. The Network will include existing community resources in restorative approaches, seniors' experiences and experience across the course of a life. Will increase service providers capacity to know and respond to the needs of seniors restoratively, engage seniors in the network, increase collaboration across system.	\$10,000.00
<b>Kingsport Fitness and Wellness Society</b>	Kings County	Extend current programming to reach frail and inactive seniors that are housebound.	\$3,955.00
<b>L'Équipe d'Alphabétisation-Nouvelle-Écosse</b>	NS	Francophone "Seniors Reading" club. Will prepare 10 kits for the reading club. This project is centered on learning through reading with technology also being an integral part of the project.	\$10,000.00
<b>Mersey Tobetic Research Institute</b>	Queens County	"Butterfly Club" and "Bird Watching Club" will give seniors the opportunity to learn new skills, hobbies, address isolation, and physical activities that are not currently available in the community.	\$9,786.00
<b>Mi'kmaw Native Friendship Society</b>	Urban Aboriginal community in HRM	Project to reach urban aboriginal seniors and elders through 20 cultural workshops. Workshops will include Medicine Walks, talking circles, healthy active living, basic banking and budgets, crafts, elder abuse, etc.	\$10,000.00
<b>North of Smokey Safer Communities</b>	North Cape Breton	"Coffee & Conversation" event once a month for a year to bring seniors together. Three healthy eating classes, two fitness classes, two	\$3,500.00

		local talent nights, and five youth/seniors interacting nights. Each session will focus on a different topic.	
<b>North Shore Recreational Centre</b>	North Colchester	Activities chosen by seniors. Coffee/Tea celebration at the end of the year. Will include "Eat Better, Live Longer" workshop, fitness classes and curling.	\$9,671.00
<b>North Shore Senior Citizens Association</b>	North Shore	Various workshops including, Groovy Goddess (for women, yoga, food, journaling, mediation). Holistic Nutrition, Weekly Stretch & Mindfulness Class, Drumming workshop and Grief workshop.	\$5,000.00
<b>Potlotek First Nation</b>	Potlotek	Passing down oral traditions in Mi'Kmaq culture. Will start with Elders Wisdom Circle to plan eel expedition. "Eel Awareness Workshop" and spear making with youth and elders. Eel fishing expedition and then the "Midwinter Feast".	\$8,040.00
<b>Queens Homes for Special Care Society</b>	Queens County	The "Art Therapy Program" will be a weekly program that involves those living at Queens Manor and those involved in the Adult Day Program to participate in art. Intended to create a meaningful experience with those who may be isolated, dealing with dementia, etc.	\$6,200.00
<b>Ravenwood Theatre Society</b>	HRM	Workshop to teach seniors the technical work of film acting, or behind the scenes work including camera, sound and lighting. The seniors will then learn how to edit the film on computers. Will create a number of short films entitled "Vintage Keepsake".	\$10,000.00
<b>Regroupement des ainees et aines de la Nouvelle Ecosse</b>	HRM	"Together for Greater Outreach of our Vitality" two-day event for seniors including lectures, opportunity for senior artists to promote their art and involve youth in activities.	\$10,000.00
<b>River Bourgeois Seniors 50+ Club</b>	Municipality of Richmond	Project to hire a personal trainer to teach a seniors fitness class, twice weekly for 6 months.	\$3,000.00
<b>Shelburne Association Supporting Inclusion</b>	Town of Lockeport	Project to provide seniors with a service consisting of support options from which they can choose the items most needed, like domestic support (housework), healthy eating (meals on wheels), laundry, transportation and yard maintenance.	\$10,000.00
<b>St. George &amp; St. Andrew United Church</b>	Annapolis Royal	Cooking and nutrition classes for the newly widowed. May expand to include high school students who are leaving home for the first time.	\$850.00
<b>Tatamagouche Centre</b>	NS	Project has 6 residential programs to benefit the unique needs of the African Nova Scotian community. The intent is to create mentoring opportunities for seniors as well as intergenerational programs.	\$5,000.00

<b>West Dalhousie Community Hall Association</b>	West Dalhousie, Annapolis	Bring together seniors and youth to teach them about the history of West Dalhousie. Youth and seniors will create a stage play from a community members' memoir and will be performed at West Dalhousie Community Hall.	\$3,110.00
<b>Whitney Pier Society for the Arts</b>	CBRM	10 week workshops that will encourage learning and sharing of skills. Various artistic workshops to improve hand-eye coordination, cogitative skills and share ideas	\$8,290.00

Total Amount for Literacy: \$33,896.00

Total Amount for Positive Aging: \$285,508.00